

2003
Abraham Lincoln
Track and Field



Results Handbook

2003 Seasons Bests

Team Point Leaders

1 st Place Chris Johnson	120 Team pts	2 nd Place Ed Gregory	87 Team pts
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Shot

Eric Johnson	49'1" 5-15	Hoss Wright	48'09" 4-5
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Disc

Alex Allen	149' 9" 4-15	Brandon Ramsey	140' 5-15
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High Jump

Chris Johnson	6'4" 4-11	Joe Hunter	5'10" 5-2
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Long Jump

Chris Johnson	19'10" 5-6	Brian Shannon	18' 9.75" 4-26
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400m Hurdles

Craig Showers	56.49 5-15	Chris Johnson	58.47 5-2
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110m High Hurdles

Craig Showers	15.73 5-15	Joe Hunter	16.1 5-6
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3200 m

Kurt Schneckloth	10:41 5-20
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1600m

Jovan Albertson	4:52 5-15
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800m

James Robinson	2:00.82 5-20
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400m

Chris Johnson	53.17 4-11
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200m

Max Milder	22.65 5-2
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100m

Ed Gregory	10.85 5-15
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4 x 100m Relay 44.84

Bill Leggio 12.45	Hoss Wright 11.4	Craig Showers 11.4	Max Milder 9.59
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4 x 200m 1:34.38

Max Milder 25.01	Bill Leggio 22.52	Chris Johnson 23.99	Ed Gregory 23.22
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4 x 400m Relay 3:41.63

Anthony Hutchison 55.56	John Wolfe 55.5	Chris Johnson 53.3	Zach Milner 57.52
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4 x 800m Relay 8:40.62 4th Place

Billy Sidebottom 2:12	Anthony Hutchison 2:07	Zach Milner 2:13	Jovan Albertson 2:12
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Burke Relays 3-22-03

6400 m Relay (4 x 1600) 24.05

Bob McElroy	Billy Sidelbottom	George Weibold	Austin Ring
1 1:10	1 1:11	1 1:24	1 1:17
2 1:26	2 1:32	2 1:39	2 1:28
3 1:40	3 1:23	3 1:42	3 1:34
4 1:40 / 5:56	4 1:57 / 6:03	4 1:32 / 6:17	4 1:30 / 5:49

800 m Relay (4 x 200) 1:35.62

Cody Nelson	Anthony Buffum	Bill Leggio	Ed Gregory
26.23	20.47	24.31	24.61

260 m Shuttle Hurdle Relay (4 x 65m High Hurdles)

(5 Hurdles) 45' to 1st Hurdle 30' Between **41.12**

Jake Krabbe	Brian Shannon	Joe Hunter	Craig Showers
11.52	9.79	9.8	10.01

3200 m Relay (4 x 800) 9:10.9

Anthony Hutchison	Kurtis Schneckloth	Jovan Albertson	Zach Milner
1 59.92	1 1:08.59	1 1:03.87	1 1:07.50
2 1:13.8 / 2:12.45	2 1:11.06 / 2:19.65	2 1:11.12 / 2:14.99	2 1:14.47 / 2:21.97

400 m Relay (4 x 100) 46.17

Max Milder	Bill Leggio	Ed Gregory	Cody Nelson
12.31	9.90	12.21	11.74

400 m Relay Frosh (4 x 100) 48.42

Mike Zimmerman	Brian Shannon	Jake Krabbe	John Wolfe
12.40	12.48	11.41	12.13

1600 m Medley Relay (200 – 200 – 400 – 800) 4:00.36

Anthony Buffum	Max Milder	Anthony Hutchison	Jovan Albertson
25.99	23.49	55.03	1 1:04.74
			2 1:11.11 / 2:15.85

400 m Shuttle Hurdle Relay (4 x 100)

(5 Hurdles) 45' to 1st Hurdle 60' Between **58.78**

Brian Shannon	Jake Krabbe	Craig Showers	Zach Milner
14.41	16.75	13.93	13.68

1600 m Relay Frosh (4 x 400) 4:00

Mike Zimmerman	Curtis Brown	Austin Ring	John Wolfe
1:00	1:01	1:03	56.0

1600 m Relay (4 x 400) 3:43.02

Zach Milner	Kurtis Schneckloth	Bill Leggio	James Robinson
54.68	57.03	56.04	55.27

FIELD EVENTS

Shot Put

Brandon Ramsey	45' 6"
Lonnie Wright	43' 7"
Alex Allen	42' 3"

Discus

Alex Allen	127' 0"
Brandon Ramsey	128' 7"
Lonnie Wright	132' 6"

Long Jump

Ed Gregory	17' 11.75"
Mike Zimmerman	16' 2.5"
George Weibold	13' 8"

High Jump

Chris Johnson	6' 0"
Joe Hunter	5' 8"
Joe Disalvo	5' 4"

CB Relays April 5, 2003

Varsity Shot Put

Brandon Ramsey 46' 09.5" 3 rd Place 4 team pts	Lonnie Wright 48' 09" 1 st Place 8 team pts	Eric Johnson 43' 01" 5 th Place 2 team pts
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Varsity Discus

Brandon Ramsey 136'' 03" 2 nd Place 6 team pts	Lonnie Wright 120' 03" 5 th Place 2 team pts	Alex Allen 132' 01" 3 rd Place 4 team pts
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Varsity High Jump

Chris Johnson 6' 01" 2 nd Place 6 team pts	Joe Hunter 5' 10" 5 th Place 2 team pts	Joe Disalvo 5' 04" 9 th Place
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Varsity Long Jump

Chris Johnson 19'09.75" 1 st Place 8 team pts	Ed Gregory 16' 03.75" 12 th Place	Roger Sandau 15' 11.75" 14 th Place
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JV Shot Put

Caleb Campbell DNS	Eric Albertson DNS	Colin Herr 29' 09" 16 th Place
Steve Kelly 29' 02" 18 th Place	Joe McCall 40' 11" 3 rd Place	Jeremy Sharp 40' 08" 4 th Place
Jon Thomas 35' 0" 10 th Place	Kevin Wenninghoff 38'0" 8 th Place	Clark Allen 33' 09" 13 th Place
Alex Allen 41' 08" 2 nd Place		

JV Discus

Caleb Campbell 105' 0" 5 th Place	Eric Albertson 105' 03" 4 th Place	Colin Herr 92' 06" 12 th Place
Steve Kelly 94' 0" 9 th Place	Joe McCall 102' 0" 7 th Place	Jeremy Sharp 70' 0" 19 th Place
Jon Thomas DNS	Kevin Wenninghoff 94'0" 9 th Place	Clark Allen 113' 0" 1 st Place

3200 m Run

Kurtis Schneckloth 10:56 4 th Place 3 team pts	Billy Sidelbottom 11:27 8 th Place	Pat White 13.15 10 th Place
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Shuttle Hurdle Relay 1:04.51 1st Place

John Wolfe 17.24	Jake Krabbe 15.51	Brian Shannon 16.71	Joe Hunter 15.06
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JV 4 x 400 4:01.5 1st Place

Robert Riggs 1:03.45	Curtis Brown 1:00.24	Mike Zimmerman 1:00.24	Cody Nelson 57.31
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110 High Hurdles

Craig Showers 16.5 4 th Place 3 team pts	Joe Hunter 16.67 5 th Place 2 team pts	John Wolfe 18.27 9 th Place
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100 m Dash

Ed Gregory 11.09 1 st Place 8 team pts	Max Milder 11.89 7 th Place	Bill Leggio 11.57 4 th Place 3 team pts
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4 x 800m 8:50.44 2nd Place

Anthony Hutchison 2:21 8 team pts	Jovan Albertson 2:14 8 team pts	Zach Milner 2:12 8 team pts	James Robinson 2:19 8 team pts
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JV Sprint Med 100/100/200/400 1:51.79 2nd Place

Mike Zimmerman 13.12	Cody Nelson 14.1	Eric Johnson 23.5	Austin Ring 1:01.53
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200 m Dash

Craig Showers 24.28 7 th Place	Anthony Buffum 24.43 8 th Place	Matt Johnson 25.11 10 th Place
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1600 m Run

Jovan Albertson 5:07 5 th Place 2 team pts	Billy Sidelbottom 5:27 8 th Place	Pat White 6:15 10 th Place
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4 x 200m 1:34.38 1st Place

Max Milder 25.01 10 team pts	Bill Leggio 22.52 10 team pts	Chris Johnson 23.99 10 team pts	Ed Gregory 23.22 10 team pts
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400 m

Anthony Hutchison 57.23 8 th Place	John Wolfe 55.48 5 th Place 2 team pts	Matt Johnson 56.73 7 th Place
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400 m Hurdles

James Robinson 1:00.39 6 th Place 1 team pt	Zach Milner 59.41 3 rd Place 4 team pts	Craig Showers 1:00.04 5 th Place 2 team pts
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JV Distance Med 200/200/400/800 4:20.16 2nd Place

Brian Shannon 28.88	Eric Johnson 23.56	Curtis Brown 1:02.96	Austin Ring 2:19.5
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Varsity Distance Med 200/200/400/800 4th Place

Anthony Buffum 28.99 4 team pts	Joe Disalvo 19.83 4 team pts	Roger Sandau 1:04 4 team pts	Jovan Albertson 2:18.56 4 team pts
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800 m

Kurtis Schneckloth 2:16.4 4 th Place 3 team pts	Bob McElroy 2:30.42 9 th Place	Jeorge Weibold 2:41.52 10 th Place
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Varsity 4 x 100 2nd Place 45.41

Max Milder 11.8 8 team pts	Bill Leggio 10.6 8 team pts	Hoss Wright 12.28 8 team pts	Ed Gregory 10.6 8 team pts
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JV 4 x 100 1st Place 48.78

Mike Zimmerman 13.4	Brian Shannon 11.32	Jake Krabbe 12.34	Cody Nelson 11.73
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Throwers 4 x 100 2nd Place 50.34

Eric Albertson 13.3	Alex Allen 12.33	Jeremy Sharp 11.5	Brandon Ramsey 13.16
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4 x 400 3rd Place 3:41.01

Anthony Hutchison 54.65 6 team pts	Chris Johnson 55.89 6 team pts	Zach Milner 55.49 6 team pts	James Robinson 54.91 6 team pts
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3A Division for Clarinda 4-11-03

Shot Put

Hoss Wright	Alex Allen
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Discus

Hoss Wright	Alex Allen 134'.75" 3 rd Place for 5 Team pts
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Long Jump

Chris Johnson 18' 8.5" 6 th Place for 1 Team pt	Craig Showers
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High Jump

Chris Johnson 6' 4" 2 nd Place for 6 Team pts	Joe Hunter 5' 6" 6 th Place for 1 Team pt
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3200m Run

Kurtis Schneckloth 10:57 5 th Place for 2 Team pts	Billy Sidelbottom 12:15
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110 High Hurdles

Craig Showers 17.95 6 th Place for 1 Team pt	Joe Hunter 17.03
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100m Dash

Ed Gregory 11.16 1 st Place for 8 Team pts	Bill Leggio 11.61 4 th Place 3 Team pts
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4 x 800m Relay 8:50.07 4th Place

Anthony Hutchison 2:10.4 4 Team pts	Jovan Albertson 2:13 4 Team pts	John Wolfe 2:26 4 Team Pts	Zach Milner 2:13 4 Team pts
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200m Dash

Chris Burnham 25.78	Anthony Buffum 25.20
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1600m Run

Billy Sidelbottom 5:14	Kurtis Schneckloth 5:09.52 6 th Place 1 Team pt
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4 x 200m Relay 1:37.22 4th Place

Chris Burnham 23.71 4 Team pts	Cody Nelson 25.38 4 Team pts	Anthony Buffum 25.66 4 Team pts	Bill Leggio 22.57 4 Team pts
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400m Dash

Ed Gregory 55.22 4 th Place 3 Team pts	Chris Johnson 53.17 2 nd Place 6 Team pts
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400m Hurdles

Zach Milner 59.52 6 th Place 1 Team pt	Craig Showers 59.21 4 th Place 3 Team pts
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16 Med Relay 200-200-400-800 4:03.21 6th Place

John Wolfe 25.53 1 Team pt	Anthony Buffum 24.46 1 Team pt	Cody Nelson 1:01.2 1 Team pt	Kurtis Schneckloth 2:14 1 Team pt
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800m Run

Jovan Albertson 2:09.85 6 th Place 1 Team pt	Anthony Hutchison Scratch
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4 x 100m Relay 45.59 4th Place

Chris Burnham 11.79 4 Team pts	Craig Showers 11.54 4 Team pts	Bill Leggio 11.18 4 Team pts	Ed Gregory 10.79 4 Team pts
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4 x 400m Relay 3:41.03 5th Place

Anthony Hutchison 54.28 2 Team pts	Chris Johnson 55.18 2 Team pts	Zach Milner 55.68 2 Team pts	John Wolfe 56.4 2 Team pts
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1A Division for Clarinda 4-11-03

Shot Put

Eric Johnson 41'7" 6 th Place 1 Team pt	Joe McCall
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Discus

Joe McCall	Clark Allen 111' 5.75" 6 th Place 1 Team pt
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Long Jump

Mike Zimmerman 17'	Brian Shannon 18' 3"
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High Jump

Joe Disalvo 5' 4" 4 th Place 3 Team pts	Austin Ring
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3200m Run

Pat White 12:15	
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110 High Hurdles

Jake Krabbe 17.74	Bob Riggs 18.04
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100m Dash

Brian Shannon 12.63	Eric Albertson 13.92
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4 x 800m Relay 9:10

Bob McElroy 2:31	Austin Ring 2:28	Matt Johnson 2:21	Roger Sandau 2:28
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200m Dash

Eric Johnson 26.10	Jeremy Sharp 26.90
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1600m Run

Pat White 5:55	George Weibold 5:53
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4 x 200m Relay 1:42 6th Place

Curtis Brown 26.99 1 Team pt	Mike Zimmerman 26.41 1 Team pt	Jake Krabbe 20.87 1 Team pt	Brian Shannon 28.68 1 Team pt
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400m Dash

Matt Johnson 56.15 4 th Place 3 Team pts	Roger Sandau 58.78
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400m Hurdles

No entry	No entry
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16 Med Relay 200-200-400-800 4:19

Joe Disalvo 25.75	Colin Herr 26.81	Bob Riggs 1:02.31	Austin Ring 2:27
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800m Run

George Weibold	2:38.2	Bob McElroy	2:33.4
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4 x 100m Relay 50.20

Joe Disalvo 11.39	Eric Albertson 13.59	Colin Herr 13.69	Jeremy Sharp 12.52
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4 x 400m Relay

Roger Sandau 59.47	Mike Zimmerman 1:01.09	Curtis Brown 1:00.24	Matt Johnson 1:01.42
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Glenwood 9-10 RAM Relays

4-12-03 Bus Leaves at **9:30 AM**

Shot

Eric Johnson	Clark Allen	Colin Herr
Steve Kelly	Jeremy Sharp	Joe McCall 41'8" 5 th Place
Kevin Wenninghoff		

Disc

Clark Allen 101'3.75" 6 th Place	Eric Johnson	Colin Herr
Steve Kelly	Jeremy Sharp	Joe McCall
Kevin Wenninghoff		

High Jump

Austin Ring 5'4" 3 rd Place	Brian Shannon 5'4" 2 nd Place
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Long Jump

Mike Zimmerman 17'4" 4 th Place	Brian Shannon 17'7.75 2 nd Place	George Weibold
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3200m

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110 High Hurdles

Jake Krabbe 17.52 2 nd Place	Bob Riggs 22.42
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100m

Mike Zimmerman 12.41 3 rd Place	Joe McCall 13.34
Jeremy Sharp 15.55	Kevin Wenninghoff 13.26
Steve Kelly 16.16	

4 x 800 Relay 10:02 6th Place

Austin Ring 2:21	Billy Sidelbottm 2:17	George Wiebold 2:38	Brian Shannon 2:32
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200m Dash

Curtis Brown 26.90	Clark Allen 31.63
Jeremy Sharp 27.37	

1600m Run

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4 x 200 Relay

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400m Dash

Bob Riggs 1:01.38	
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400 Hurdles

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1600 med 200-200-400-800 Relay 4:20 4th Place

Curtis Brown 26.00	Jake Krabbe 26:56	Mike Zimmerman 1:00.03	Austin Ring 2:27
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800m Run

Billy Sidelbottom 2:19.41 2 nd Place	George Weibold 2:42
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4 x 100m Relay 52.43 5th Place

Kevin Wenninghoff 13.68	Eric Johnson 13.26	Bob Riggs 12.93	Joe McCall 12.57
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4 x 400m 4:16

Mike Zimmerman 1:05	Jake Krabbe 1:06	Curtis Brown 1:05	Brian Shannon 1:01
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9-10 Ralston 4-14-03

Shot

Clark Allen NO INFO	Colin Herr NO INFO	Joe McCall NO INFO
Steve Kelly NO INFO	Calab Campbell NO INFO	Jon Thomas NO INFO
Jeremy Sharp NO INFO	Kevin Wenninghoff NO INFO	

Disc

Clark Allen 104' 10" 6 th Place	Kevin Wenninghoff NO INFO	Joe McCall NO INFO
Steve Kelly NO INFO	Calab Campbell NO INFO	Jon Thomas NO INFO
Jeremy Sharp NO INFO		Colin Herr NO INFO

Long Jump

Brian Shannon 18' 8.75" 1 st Place	Mike Zimmerman 17' 6"
George Weibold NO INFORMATION	

High Jump

Austin Ring NO INFORMATION	Brian Shannon NO INFORMATION
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4 x 800 **OPEN**

110 High Hurdles

Robert Riggs 17.6 4 th Place	Jake Krabbe 17.4 3 rd Place
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100m

Mike Zimmerman 12.2 16 th Place	Kevin Wenninghoff 13.4 27 th Place	Joe McCall 13.0 22 nd Place
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1600m Run

Austin Ring 5:27	
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400m Dash

George Wiebold 1:05	
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300 Intermediate Hurdles

Robert Riggs 50.0 6 th Place	Jake Krabbe 50.29	
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800m Run

Austin Ring 2:38	Pat White 2:47	
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200m Dash

Curtis Brown 26.93	Jeremy Sharp 28.43	Colin Herr 27.74
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3200m Run **OPEN**

4 x 100m Relay 49.2 6th Place

Curtis Brown 11.2	Jake Krabbe 12.51	Mike Zimmerman 13.39	Brian Shannon 12.48
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4 x 400m Relay **OPEN**

4-15-03 Harlan Varsity

Shot Put

Hoss Wright	Brandon Ramsey
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Discus

Alex Allen 149' 8" 3 rd Place 4 Team pts	Brandon Ramsey
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Long Jump

Chris Johnson	Brian Shannon
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High Jump

Chris Johnson 6' 0" 3 rd Place 4 Team pts	Joe Hunter 5' 10" 5 th Place 2 Team pts
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3200m Run

Kurtis Schneckloth 11:23	Bob McElroy 14:09
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110 High Hurdles

Craig Showers 16.56 5 th Place 2 Team pts	Joe Hunter 16.5 4 th Place 3 Team pts
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100m Dash

Ed Gregory 10.88 1 st Place 8 Team pts	Bill Leggio 11.42
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4 x 800m Relay 8:53 3rd Place

Anthony Hutchison 2:10 6 Team pts	Billy Sidelbottom 2:17 6 Team pts	Zach Milner 2:13 6 Team pts	Jovan Albertson 2:12 6 Team pts
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200m Dash

Ed Gregory 23.82 3 rd Place 4 Team pts	Bill Leggio 24.22 6 th Place 1 Team pt
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1600m Run

Kurtis Schneckloth 5:07	Roger Sandau 5:41
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4 x 200m Relay 1:38.96 5th Place

John Wolfe 25.16 2 Team pts	Chris Burnham 24.59 2 Team pts	Anthony Buffum 23.90 2 Team pts	Cody Nelson 25.21 2 Team pts
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400m Dash

Chris Johnson 53.90 2 nd Place 6 Team pts	Ed Gregory 58.43
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400m Hurdles

Craig Showers 1:00.57 4 th Place 3 Team pts	Zach Milner 1:02.00 6 th Place 1 Team pt
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16 Med Relay 200-200-400-800 4:02 4th Place

Chris Burnham 28.95 4 Team pts	Joe Disalvo 25.33 4 Team pts	Cody Nelson 57.12 4 Team pts	Matt Johnson 2:18 4 Team pts
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800m Run

Jovan Albertson 2:16 6 th Place 1 Team pt	Billy Sidelbottom 2:20
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4 x 100m Relay

Chris Burnham 12.8	Anthony Buffum 11.54	Craig Showers 11.08	Bill Leggio 11.0
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4 x 400m Relay 6th Place

Anthony Hutchison 55.56 1 Team pt	John Wolfe 55.5 1 Team pt	Chris Johnson 53.3 1 Team pt	Zach Milner 57.52 1 Team pt
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4-15-03 Harlan Junior Varsity

Shot Put

Eric Johnson	Joe McCall
Jeremy Sharp	Kevin Wenninghoff
Jon Thomas	

Discus

Clark Allen	Colin Herr
Eric Johnson	Steve Kelly

Long Jump

Mike Zimmerman	George Weibold
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High Jump **OPEN**

3200m Run **OPEN**

110 High Hurdles

Jake Krabbe 17.9	Bob Riggs 17.92
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100m Dash

Mike Zimmerman 12.59	
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4 x 800m Relay **OPEN**

200m Dash ALL AT THROWS STILL

Kevin Wenninghoff	Colin Herr
Jeremy Sharp	

1600m Run

Pat White 6:08	George Weibold 5:58
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4 x 200m Relay

Curtis Brown 26.72	Mike Zimmerman 25.25	Bob Riggs 27.69	Jake Krabbe 27.37
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400m Dash **OPEN**

400m Hurdles **OPEN**

16 Med Relay 200-200-400-800 **OPEN**

800m Run

Pat White 2:51	George Weibold 2:46
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4 x 100m Relay

Curtis Brown 13.14	Mike Zimmerman 12.4	Bob Riggs 12.1	Jake Krabbe 13.22
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4 x 400m Relay **OPEN**

SC Relays 4-19-03 Bus Leaves at 6:45 AM

Shot Put @ 12:30 PM

Hoss Wright 48' 9" Entered	Brandon Ramsey 46' 9" Entered
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Discus @ 9:00 AM

Alex Allen 134' 3" Entered	Brandon Ramsey 136' 3" Entered
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Long Jump @ 3:00 PM

Chris Johnson 19' 9" Entered 18' 3" JUMPED	Brian Shannon 18' 8.75" Entered 17' 9" JUMPED
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High Jump @ 12:30 PM

Chris Johnson 6' 4" Entered 6'0" JUMPED	Joe Hunter 5' 10" Entered
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3200m @ 8:20 AM

LIMITED ENTRIES TO TOP 32

Kurtis Schneckloth 10:56 Entered	Billy Sidelbottom 11:27 Entered
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110m High Hurdles @ 9:10 AM

LIMITED ENTRIES TO TOP 8

Craig Showers 16.5 Entered	Joe Hunter 16.67 Entered
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100m @ 9:40 AM

LIMITED ENTRIES TO TOP 8

Ed Gregory 11.09 Entered	Bill Leggio 11.57 Entered
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4 x 800m @ 10:12 AM

LIMITED ENTRIES TO TOP 16 (Time Entered 8:50.44)

Anthony Hutchison	Kurtis Schneckloth	Zach Milner	Jovan Albertson
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4 x 200m @ 12:55 PM

LIMITED ENTRIES TO TOP 16 (Time Entered 1:34.38)

Bill Leggio	Chris Johnson	Craig Showers	Ed Gregory / Brian Shannon
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1600m @ 1:05 PM

LIMITED ENTRIES TO TOP 32

Kurtis Schneckloth 4:50 Entered	Jovan Albertson 5:07 Entered
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400m Hurdles @ 2:00 PM

LIMITED ENTRIES TO TOP 24

Zach Milner 59.41 Entered 59.29 RUN	
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400m Hurdles @ 8:35

Craig Showers 57.3 2 nd Place 6 Team pts	Joe Hunter 1:01.2
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16 Med Relay @ 8:50

200-200-400-800 4:12.7

Anthony Buffum 25.2	Joe Disalvo 23.1	Roger Sandau 1:02	Matt Johnson 2:20.1
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800m Run @ 9:10

Jovan Albertson 2:10	Billy Sidelbottom 2:11
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Throwers 4 x 100 m Relay @ 9:15 48.26 2nd Place

Brandon Ramsey 12.89	Alex Allen 12.02	Eric Albertson 11.9	Hoss Wright 12.4
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JV 4 x 100 m Relay 48.02 1st Place

Mike Zimmerman 13.15	John Wolfe 12.04	Brian Shannon 11.53	Zach Milner 11.29
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4 x 100m Relay @ 9:25 47.73 6th Place

Chris Burnham 12.5 1 Team pt	Craig Showers 11.25 1 Team pt	Anthony Buffum 13.28 1 Team pt	Bill Leggio 10.6 1 Team pt
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4 x 400m Relay @ 9:50 3:47

Anthony Hutchison 55.7	Cody Nelson 56.08	Matt Johnson 58.9	Chris Johnson 56.13
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Bellevue 9-10 on 4-26-03

Shot Put

Joe McCall	Jon Thomas
Kevin Wenninghoff	Jeremy Sharp
Clark Allen	Colin Herr

Discus

Joe McCall	Clark Allen
Kevin Wenninghoff	Colin Herr
Calab Campbell	Steve Kelly

Long Jump

Jeorge Wiebold	13' 8.5"	Mike Zimmerman	16' 1"
Jake Krabbe	16' 11"	Brian Shannon	18'9.75"

High Jump

Joe Hunter	5'8"	Austin Ring	5' 2"
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4 x 800m Relay 9:32

Austin Ring 2:27	Jeorge Weibold 2:47	Billy Sidelbottom 2:16	John Wolfe 2:14
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110 High Hurdles

Bob Riggs	18.29	Jake Krabbe	20.44
Brian Shannon	17.1	Joe Hunter	16.65

100m Dash

Mike Zimmerman	12.1	
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400m Dash

John Wolfe	55.2	
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1600m Run

Pat White	5:48	Jeorge Weibold	5:50
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200m Dash

Mike Zimmerman	25.8	Jake Krabbe	25.4
Curtis Brown	27.0		

800m Run

Billy Sidelbottom	2:13	
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300m Intermediate Hurdles

Joe Hunter	44.29	Bob Riggs	48.3
Brian Shannon	46.06		

3200m Run

Pat White	12:44	
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4 x 100m Relay 50.87

Mike Zimmerman 11.96	Jake Krabbe 12.2	Curtis Brown 15.59	Brian Shannon 12.51
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4 x 400m Relay 3:59

Bob Riggs 1:00.25	Curtis Brown 1:01.31	Joe Hunter 1:00.9	John Wolfe 59.08
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Glenwood 4-29-03

Shot Put

Hoss Wright	Brandon Ramsey 45' 9.5" 6 th Place 1 Team pt
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Discus

Alex Allen 146'0" 3 rd Place 4 Team pts	Brandon Ramsey 136'
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Long Jump

Chris Johnson 19' 10" PR 2 nd Place 6 Team pts	Brian Shannon 17' 9"
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High Jump

Chris Johnson 6' 0" 3 rd Place 4 Team pts	Joe Hunter 5' 8"
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3200m Run

Kurt Schneckloth 10:42 PR 4 th Place 3 Team pts	Jeorge Weibold 13:17
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110 High Hurdles

Craig Showers	Joe Hunter 16.39 6 th Place 1 Team pt (New Season Leader)
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100m Dash

Chris Burnham 12.15	Cody Nelson 12.4
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4 x 800m Relay 8:52.8 5th Place

Billy Sidebottom 2:12 2 Team pts	Anthony Hutchison 2:09 2 Team pts	Zach Milner 2:15 2 Team pts	Jovan Albertson 2:11 2 Team pts
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200m Dash

Ed Gregory 22.93 2 nd Place 6 Team pts	Bill Leggio 23.47
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1600m Run

Kurt Schneckloth 5:14	Roger Sandau 5:27
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4 x 200m Relay 1:38.43 6th Place

Chris Burnham 25.71 1 Team pt	Anthony Buffum 24.14 1 Team pt	Cody Nelson 26.75 1 Team pt	Brian Shannon 24.6 1 Team pt
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400m Dash

John Wolfe 55.6	Matt Johnson 55.1
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400m Hurdles

Craig Showers 58.1 3 rd Place 4 Team pts	Joe Hunter 1:01.8
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16 Med Relay 200-200-400-800 3:58.03 5th Place

Ed Gregory 24.85 2 Team pts	Bill Leggio 21.37	Chris Johnson 56.46	Jovan Albertson 2:15
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800m Run

Zach Milner 2:10	Billy Sidebottom 2:17
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4 x 100m Relay UNOFFICIAL 45.21

Chris Burnham 12.41	Bill Leggio 11.91	Craig Showers 10.17	Ed Gregory 10.72
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4 x 400m Relay 3:43.66 6th Place

Hoss Wright 56.6 1 Team pt	John Wolfe 55.5 1 Team pt	Anthony Hutchison 55.1 1 Team pt	Matt Johnson 56.1 1 Team pt
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Atlantic 5-2-03

Shot Put

Eric Johnson 46'10.25" 6 th Place 1 Team pt	Jeremy Sharp
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Discus

Eric Johnson	
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Long Jump

Brian Shannon	Chris Burnham 17' 6" PR
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High Jump

Chris Johnson 6' 0" 2 nd Place 6 Team pts	Joe Hunter 5' 10"
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3200m Run

Kurt Schneckloth 10:51	
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110 High Hurdles

Joe Hunter 16.46 6 th Place 1 Team pt	Craig Showers 16.16 4 th Place 3 Team pts
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100m Dash

Ed Gregory 11.26 1 st Place 8 Team pts	Max Milder 11.57 4 th Place 3 Team pts
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4 x 800m Relay 8:40.62 4th Place

Billy Sidebottom 2:12 4 Team pts	Anthony Hutchison 2:07 4 Team pts	Zach Milner 2:13 4 Team pts	Jovan Albertson 2:12 4 Team pts
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200m Dash

Ed Gregory 23.27 5 th Place 2 Team pts	Max Milder 22.65 3 rd Place 4 Team pts
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1600m Run

James Robinson SCRATCH	Roger Sandau 5:27
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4 x 200m Relay 1:36.8 2nd Place

Chris Burnham 23.59 6 Team pts	Anthony Buffum 25.69 6 Team pts	Cody Nelson 26.0 6 Team pts	Bill Leggio 21.58 6 Team pts
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400m Dash

Craig Showers 53.25 4 th Place 3 Team pts	Joe Disalvo 56.15
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400m Hurdles

Chris Johnson 58.47 5 th Place 2 Team pts	John Wolfe 1:01.4
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16 Med Relay 200-200-400-800 3:58.32 5th Place

Anthony Buffum 25.39 2 Team pts	Cody Nelson 23.48 2 Team pts	Anthony Hutchison 56.09 2 Team pts	Matt Johnson 2:11 2 Team pts
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800m Run

James Robinson 2:05.18 4 th Place 3 Team pts	Jovan Albertson 2:10
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4 x 100m Relay 44.93 5th Place

Max Milder 11.01 2 Team pts	Chris Johnson 12.4 2 Team pts	Craig Showers 10.25 2 Team pts	Ed Gregory 11.27 2 Team pts
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4 x 400m Relay 3:53.52 6th Place

Zach Milner 53.18 1 Team pt	Cody Nelson 55.82 1 Team pt	John Wolfe 56.16 1 Team pt	Anthony Hutchison 54.89 1 Team pt
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9th Grade Conf

Shot Put

Clark Allen 34'	Joe McCall 41'	Colin Herr
Steve Kelly 28' 11"		

Discus

Clark Allen 112'	Joe McCall	Colin Herr
Steve Kelly 87'		

Long Jump

Mike Zimmerman 17' 7.5	Jake Krabbe 15' 10.75"	
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High Jump

Austin Ring 5' 0"		
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4 x 800m Relay

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110 High Hurdles

Jake Krabbe 19.8		
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100m Dash

Mike Zimmerman 12.3	Curtis Brown 12.8	
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1600m Run

Austin Ring 5:27		
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400m Dash

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300m Hurdles

Bob Riggs 48.18		
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800m Run

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200m Dash

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3200m Run

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4 x 100m Relay 49.54

Mike Zimmerman 12.02	Bob Riggs 12.55	Curtis Brown 12.59	Jake Krabbe 12.38
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4 x 400m Relay 4:14.2

Bob Riggs 59.81	Mike Zimmerman 1:03.37	Curtis Brown 1:00.72	Austin Ring 1:04.62
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Atlantic JV 5-5-03

Shot Put

Jeremy Sharp 4 th Place	42' 5.75"	Hoss Wright 3 rd Place	43' 6.75"
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Discus

Kevin Wenninghoff		Hoss Wright 5 th Place	127' 1"
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Long Jump

Mike Zimmerman	16' 4"	Brian Shannon 2 nd Place	17' 3"
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High Jump

Austin Ring	5' 2"	Brian Shannon	5' 2"
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3200m Run

Pat White	12:23	George Weibold	13:12
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110 High Hurdles

Bob Riggs	18.59	Joe Hunter 1 st Place	17.30
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100m Dash

Brian Miller 5 th Place	12.4	Brian Shannon 3 rd Place	12.05
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4 x 800m Relay 8:55.3 1st Place

John Wolfe 2:14	Craig Showers 2:14	Billy Sidebottom 2:11	Zach Milner 2:16
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200m Dash

Brian Miller	SCRATCH	Curtis Brown	26.48
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1600m Run

Austin Ring	5:19.7	Joe Hunter	5:23
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4 x 200m Relay 1:40.9 3rd Place

Mike Zimmerman 24.9	Curtis Brown 27.10	Brian Shannon 24.15	Chris Burnham 24.62
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400m Dash

John Wolfe 1 st Place	55.17	Hoss Wright 5 th Place	56.61
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400m Hurdles

Zach Milner 3 rd Place	1:01.28	Bob Riggs	1:06.0
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16 Med Relay 200-200-400-800 DQ (Early cut in) 4:02 (Still with 2 dropped handoffs)

Cody Nelson	Chris Burnham	Chris Johnson	Craig Showers
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800m Run

Pat White	2:39	George Weibold	2:38
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4 x 100m Relay 48.99 4th Place

Mike Zimmerman 14.01	Chris Burnham 10.7	Chris Johnson 11.93	Brian Miller 12.2
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4 x 400m Relay 3:47 3rd Place

Austin Ring 1:00.0	John Wolfe 55.51	Cody Nelson 54.78	Craig Showers 56.7
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Glenwood 5-6-03

Shot Put

Brandon Ramsey	Eric Johnson	47' 6"
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Discus

Alex Allen	Brandon Ramsey	130' 11"
	5 th Place	2 Team pts

Long Jump

Chris Johnson	19' 6"	Brian Shannon
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High Jump

Chris Johnson	5' 10"	Joe Hunter	5' 6"
4 th Place	3 Team pts		

3200m Run

Kurt Schneckloth	10:49
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110 High Hurdles

Craig Showers	16.4	Joe Hunter	16.1
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100m Dash

Bill Leggio	11.39	Brian Miller	12.4
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4 x 800m Relay

8:44			
Matt Johnson	Billy Sidebottom	Anthony Hutchison	Jovan Albertson
2:10	2:11	2:11	2:12

200m Dash

Max Milder	22.93	Brian Shannon	25.28
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1600m Run

James Robinson	4:53	Roger Sandau	5:27
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4 x 200m Relay

Bill Leggio	Anthony Buffum	Zach Milner	Max Milder
24.32	23.83	26.25	20.8

400m Dash

Craig Showers	54.46	Hoss Wright	58.2
3 rd Place	4 Team pts		

400m Hurdles

Zach Milner	1:00.9	Chris Johnson	58.83
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16 Med Relay 200-200-400-800

No splits due to the rain (watch quit working)

Chris Burnham	Cody Nelson	Joe Disalvo	Billy Sidebottom
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800m Run

James Robinson	2:06	Jovan Albertson	2:16.4
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4 x 100m Relay

Rained Out and did not run

Bill Leggio	Max Milder	Brian Shannon	Brian Miller
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4 x 400m Relay

Rained Out and did not run

Zach Milner	John Wolfe	Chris Johnson	Craig Showers
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Missouri River Conference @ CB Stadium 5-15-03

Shot Put

Eric Johnson 49'1" 1 st Place 7 Team pts Conf. Champion and All Conference	Brandon Ramsey 48'4" 2 nd Place 5 Team pts PR	Hoss Wright 44' 3/4" 9 th Place
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JV Shot Put

Joe McCall 43'9" 1 st Place	Jon Thomas 31'11" 14 th Place	Jeremy Sharp 38'3" 5 th Place
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Discus

Alex Allen 144'7" 3 rd Place 4 Team pts	Brandon Ramsey 138'0" 5 th Place 2 Team pts	Hoss Wright 134'10" 6 th Place 1 Team pt
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JV Discus

Clark Allen 112'11" 2 nd Place	Steve Kelly 96'3" 11 th Place	Colin Herr 98'0" 9 th Place
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Long Jump

Brian Shannon 17'8" 10 th Place	Mike Zimmerman 17'1" 13 th Place	
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JV Long Jump

Chris Burnham 17'10" 2 nd Place	Jake Krabbe 17'6" 3 rd Place	
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High Jump

Chris Johnson 6'0" 1 st Place 7 Team pts Conf. Champion and All Conference	Joe Hunter 5'8" 9 th Place	Joe Disalvo 5'4" 11 th Place
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JV High Jump

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JV 3200m Run

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3200m Run

Kurt Schneckloth 10:53 8 th Place	Pat White 12:57 13 th Place	
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JV 110 High Hurdles

Bob Riggs 17.95 2 nd Place	Jake Krabbe 18.22 4 th Place	John Wolfe 18.18 3 rd Place
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110 High Hurdles

Joe Hunter 17.30 7 th Place	Craig Showers 15.74 PR 3 rd Place 4 Team pts	Brian Shannon 16.79 6 th Place 1 Team pt
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JV 100m Dash

Mike Zimmerman 12.16 3 rd Place	Kevin Wenninghoff 13.17 9 th Place	Eric Johnson 12.01 1 st Place
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100m Dash

Ed Gregory 10.83 2 nd Place 5 Team pts	Bill Leggio 11.44 8 th Place	Brian Miller 12.35 14 th Place
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JV 4 x 800m Relay

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4 x 800m Relay 8:46.83 4th Place

Matt Johnson 2:09 4 Team pts	Billy Sidebottom 2:14 4 Team pts	John Wolfe 2:08 4 Team pts	Zach Milner 2:15 4 Team pts
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JV 200m Dash

Jeremy Sharp 26.98 6 th Place		
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200m Dash

Anthony Buffum 24.37 11 th Place	Cody Nelson 24.66 13 th Place	
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JV 1600m Run

Joe Hunter 5:15.9 4 th Place	Roger Sandau 5:16.06 5 th Place	George Weibold 5:45 10 th Place PR
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1600m Run

James Robinson 4:54 7 th Place	Jovan Albertson 4:52 5 th Place 2 Team pts PR	
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JV 4 x 200m Relay 1:40.2 1st Place and JV Conf Champions

Brian Shannon 23.47	Chris Burnham 24.56	Bob Riggs 26.78	Hoss Wright 24.87
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4 x 200m Relay 1:38.13 5th Place

Jake Krabbe 24.16 1 Team pt	Mike Zimmerman 25.38 1 Team pt	Anthony Buffum 25.52 1 Team pt	Bill Leggio 22.05 1 Team pt
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JV 400m Dash

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400m Dash

Joe Disalvo 57.0 10 th Place	Cody Nelson 55.22 8 th Place	
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JV 400m Hurdles

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400m Hurdles

Craig Showers 56.49 1 st Place 7 Team pts Conf. Champion and All Conference **New Conf Meet Record breaking the old one of 56.85 held by AL's Nate Kerkman	Zach Milner 1:00.53 6 th Place 1 Team pt	
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JV 16 Med Relay 200-200-400-800 4:36.35 2nd Place

Brandon Ramsey 25.67 (Dropped baton)	Eric Johnson 30.29	Bob Riggs 59.18	Roger Sandau 2:41
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16 Med Relay 200-200-400-800 4:02.09 6th Place

Anthony Buffum 24.7	Chris Brunham 24.8	Joe Disalvo 58.44	Jovan Albertson 2:13
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Last Chance @ Harlan 5-20-03

Shot Put

Eric Johnson 48'8"	Brandon Ramsey 45'7"	Hoss Wright 43'2"
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Discus

Alex Allen 140'5" 6 th Place	Brandon Ramsey 128'	Hoss Wright 124'
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Long Jump

Brian Shannon 18'2"	Chris Burnham 17'6"	Mike Zimmerman 17'6"
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High Jump

Joe Hunter 5'6"		
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3200m Run

Kurt Schneckloth 10:41.77 PR and Seasons Best 4th Place	Pat White 12:11	
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110 High Hurdles

Craig Showers 15.76 6 th Place	Joe Hunter	Brian Shannon
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100m Dash

Bill Leggio 11.49	Mike Zimmerman 12.68	Chris Burnham 12.62
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4 x 800m Relay 8:55.48

Zach Milner 2:11	John Wolfe 2:10	Billy Sidebottom 2:11	Matt Johnson 2:22
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JV 4x800 LEFT OPEN

200m Dash

Max Milder 22.65	Ed Gregory 23.25	Joe Disalvo 25.16
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1600m Run

Jovan Albertson 4:54	Roger Sandau 5:35	Joe Hunter Scratch
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4 x 200m Relay 1:38.86

Chris Burnham 25.24	Jake Krabbe 24.41	Cody Nelson 25.3	Anthony Buffum 25.17
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JV 4 x 200m Relay LEFT OPEN

400m Dash

Anthony Hutchison 55.16	Ed Gregory Scratch	John Wolfe 55.45
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400m Hurdles

Craig Showers 57.69	Matt Johnson 1:00.05	Zach Milner 1:02.45
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16 Med Relay 200-200-400-800 4:07

Mike Zimmerman 27.28	Brian Shannon 23.00	Anthony Buffum 58.49	Kurt Schneckloth 2:18
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JV 16 Med Relay 200-200-400-800 4:32

Cody Nelson 24.7	Curtis Brown 28.3	Bob Riggs 1:00.9	Jake Krabbe 2:40
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800m Run

James Robinson 2:00.82	Jovan Albertson 2:14.29	Billy Sidebottom 2:16
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4 x 100m Relay 44.84 Fastest Time of the Year

Bill Leggio 12.45	Hoss Wright 11.4	Craig Showers 11.4	Max Milder 9.59
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JV 4 x 100m Relay Sorry no splits the watch broke

Cody Nelson	Jake Krabbe	Austin Ring	Curtis Brown
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JV 4 x 400m Relay LEFT OPEN

4 x 400m Relay 3:43

Kurt Schneckloth 56.7	Jovan Albertson 56.7	Matt Johnson 56.5	Anthony Hutchison 55.9
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Season Recap:

Fundraiser: Went well with a gross of around \$6,000.00 and a net of around \$5,000.00. The success was greatly due to the help and assistance of the Jr. High students helping to sell the drawing tickets.

Practice and Meets: Preparation and execution of workouts went well. The formula set out at the beginning of the season seemed to work well. The number of speed workouts vs. the over distance workouts yielded fresh and prepared athletes for the rigorous schedule during the month of May when we want to be peaking in performance. Some of the times that display this are as follows:

The longer distance group was made up of some of the older athletes with more experience in meet competition.

Long Distance:

Kurtis Schneckloth (Jr)	4-05-03	3200 Meters	10:56
	4-11-03	3200 Meters	10:57
	5-20-03	3200 Meters	10:41 PR and highest place of the season.
Jovan Albertson (Sr)	4-05-03	1600 Meters	5:07
	5-15-03	1600 Meters	4:52 PR
	5-20-03	1600 Meters	4:54

The middle distance group of athletes can make or break a track team. Our younger athletes showed the most improvement over the course of the season.

800 Meters:

Billy Sidebottom (Soph)	2-28-03	800 Meters	2:36
	4-12-03	800 Meters	2:17
	5-02-03	800 Meters	2:12
	5-06-03	800 Meters	2:11
John Wolfe (Frosh)	2-28-03	800 Meters	2:31
	5-05-03	800 Meters	2:14
	5-15-03	800 Meters	2:08
James Robinson (Soph)	2-28-03	800 Meters	2:15
	5-02-03	800 Meters	2:05
	5-15-03	800 Meters	2:08
	5-20-03	800 Meters	2:00.82 Qualified for state in the 24 th position
	5-31-03	800 Meters	2:02.28 Finishing 12 th in the state